FALL TEAM SCHEDULE 2024

Coast Elite Gymnastics Academy

6360 Arc Way, 1B * Fort Myers, FL 33966 * 239-936-8467

Schedule Effective: August 12, 2024

COAST ELITE GYMNASTICS ACADEMY

TEAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JE (IN-HOUSE COMPETITIONS ONLY)						
Princess Pre-Team				5:15-6:30	5:30-6:45	
Unicorn Team	5:30-7:00		5:30-7:00			
Mermaid Team			6:30-8:00			
AAU TEAMS						
Rising Stars - A			5:15-6:30			
Rising Stars - B				5:15-6:30		9:15-10:30
Hot Shots		5:30-7:00				10:30-12:00
Shining Stars		6:30-8:00				12:00-2:00
USAG COMPETITION TEAMS						
Group 6		5:00-8:00	*ADD ON: 3:30-6:00*	4:00-7:00		
Group 4	3:30-6:30	3:30-6:30	*ADD ON: 3:30-6:00*	3:30-6:30		
Group 3		*ADD ON: 5:30-8:30*	4:30-8:30		4:30-7:30	9:00-1:00
Group 2	4:30-8:00	4:00-8:00	*ADD ON: 3:30-6:00*	4:00-8:00	3:30-6:00	
Early Upper Level	1:30-5:30	1:30-5:30	1:30-5:30	1:30-5:30	1:30-5:30	***same days as group level**
5/6/XP	4:30-8:30		4:30-8:30	4:30-8:30	3:30-7:30	
Littles	3:30-7:30	3:30-7:30	3:30-7:30	3:30-7:30	3:30-7:30	
Bigs	3:30-7:30	3:30-7:30	3:30-7:30	3:30-7:30	3:30-7:30	

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